



Downright Special Training Offer 2022/23

We have a range of training courses covering:

- Cognition and Learning
- Communication and Interaction
- Social, Emotional & Mental Health
- Sensory Needs

Most of our courses can be offered via Teams or face to face. Bespoke packages can be arranged for school INSET. Please see training charges at end of document.

If you would like to book any of our training then email training@downrightspecial.co.uk, or call us on 01482 420160.

COGNITION AND LEARNING

Working Memory for children with Down syndrome (2 hours)

‘Many children with Down’s syndrome have poor working memories which affects their ability to hold, store, process, understand, manipulate and assimilate the spoken word’ (Down’s Syndrome Association and Down’s Syndrome Scotland).

This training aims to explore:

- The difference between long term, short term and working memory
- The elements of working memory
- The impact of working memory on learning across the curriculum
- The characteristics of pupils with poor working memory
- Tools for identifying working memory deficits
- Intervention and support for children with poor working memory

We would recommend that teachers and teaching assistants attend the course together as the session covers issues of both classroom and one to one practice. SENCOs are also invited to attend.

This training is suitable for EYFS, KS1, KS2, KS3 and KS4.

Working with Numicon Firm Foundations (3 hours)

Mathematics is important in our everyday life. It equips us with the skills we need to interpret and analyse information, simplify and solve problems, assess risk and make informed decisions (Curriculum for Excellence: Mathematics 2012).

This training aims to:

- Understand the four strands of mathematical experience
- Know what Numicon is and develop confidence in how to use it
- Introduce 'Firm Foundation Kit' (Early Years)

Suitable for EYFS and KS1 staff, parents and carers of children in EYFS and KS1.

Working with Numicon Breaking Barriers (2.5 hours)

Mathematics is important in our everyday life. It equips us with the skills we need to interpret and analyse information, simplify and solve problems, assess risk and make informed decisions (Curriculum for Excellence: Mathematics 2012).

This training aims:

- To explore the barriers to joining in with mathematics
- To understand which mathematical ideas are essential and why
- To explore the 'Breaking Barriers' activities

Suitable for KS2 and KS3 staff, parents and carers of children in KS2 and KS3/4.

Introduction to Working with Children with Down syndrome (2 hours)

Educating children with Down syndrome can present us with unfamiliar challenges.

- How exactly do we provide the right type of curriculum with appropriate levels of expectation?
- What does good practice look like? What are the keys to unlocking a child's learning potential?

Delivered by Downright Special staff, this training will cover key facts about the multifaceted nature of Down syndrome and an in-depth exploration of the learning profile for Down syndrome and its implications for classroom practice.

We would recommend that teachers and teaching assistants attend the course together as the session covers issues of both classroom and one to one practice. SENCOs are also invited to attend.

Teaching Vocabulary for children with Down syndrome (1.5 hours)

“Vocabulary is a huge predictor of how far children from any background will succeed at school and beyond.” (Beimiller and Slonim 2001; Clegg et al 2009) and the objectives for the course are:

The training aims:

- To understand the word learning process
- To understand the impact of vocabulary knowledge on academic progress.
- To understand the kind of words that need to be taught explicitly
- To look at tools and strategies for explicit vocabulary instruction.

Suitable for school staff and parents/carers.

This training is suitable for EYFS, KS1, KS2, KS3 and KS4.

Curriculum Access and Differentiation (1hr 15mins)

‘In order to ensure that pupils with Down’s syndrome can access the curriculum many activities and objectives will need to be modified and adapted to the pupil’s level of understanding’ (Down’s Syndrome Association and Down’s Syndrome Scotland).

This training aims to explore:

- Requirements of effective differentiation
- Jerome Bruner’s CPA approach and the benefits of Bar Models
- Differentiated planning in the science curriculum
- Key principles for differentiation

Suitable for teachers, teaching assistants and SENCOs.

Colourful Semantics for children with Down syndrome (1 hour)

Common features of delay in language acquisition includes, among other things, difficulties in learning the rules of grammar and greater problems in understanding the meaning of words.

This training aims to explore:

- Colourful semantics as a way to teach sentence structure and understanding of word meanings
- A variety of ways in which colourful semantics can be used with individuals and small groups to support grammatical understanding and language acquisition

Suitable for school staff and parents/carers (EYFS – KS2)

Developing Language and Reading for Children with Down Syndrome (4.5 hours)

There is much that can be done to improve outcomes for children who experience difficulties with language and reading.

This training aims:

- To understand strengths and weaknesses in reading and language acquisition for children with Down Syndrome
- To look at effective strategies to develop sight word reading, phonological awareness, phonic knowledge, vocabulary, syntax and basic comprehension

Suitable for school staff and parents/carers (EYFS- KS4).

Preparing for Successful Transition (1 hour)

Planning early for transition facilitates effective liaison and better inclusion. This training is for SENCOs, teachers and parents of children with Down Syndrome.

This training aims to:

- Explore the key considerations for transition
- Facilitate the opportunity to draw up a personalised transition plan for the child you are working with

Suitable for school staff and parents/carers (EYFS – KS4)

COMMUNICATION AND INTERACTION

Language for Thinking (1 hour)

‘Where any child has a speech and language impairment, thinking and reasoning skills are inevitably affected’ (Down’s Syndrome Association and Down’s Syndrome Scotland). The Language for Thinking programme focuses on the development of verbal reasoning skills as a way of fostering comprehension skills.

This training aims to familiarise participants with the Language for Learning programme and will include exploration of:

- Prerequisites for the programme
- The ‘Blank’ Model, language levels and presentation styles
- Assessment and monitoring and target setting
- Transferring learning from one setting to another

Suitable for Upper KS1, KS2 and KS3 staff, parents and carers.

An Introduction to Signing (2 hours)

Communication and speech difficulties are very common in children with Down syndrome. This course is an introduction to signing for family members and educational settings.

This training aims to:

- Increase your understanding of why signing will help your child
- Develop your own understanding and use of the first 100 vocabulary signs
- Provide opportunities for practising sign and speech together
- Promote good practice on how to use these signs with your child in everyday situations

SOCIAL, EMOTIONAL AND MENTAL HEALTH

Growing, Changing and Keeping Safe (3.5 hours)

‘All children and young people should be entitled to good quality sex and relationships education that will allow them to develop the qualities, attitudes, skills and knowledge to develop into healthy, happy and fulfilled adults’ (Wood, 2004).

This training aims to explore:

- What is meant by sexuality
- Common myths about sexuality and people with disabilities
- The foundational concepts of sex and relationships education (SRE)
- Resources/techniques for teaching SRE

This training is suitable for KS1, KS2, KS3 and KS4.

Promoting Social, Emotional and Mental Health and Wellbeing in pupils with Down Syndrome (2 hours)

Supporting and promoting the social, emotional, and mental health and wellbeing of pupils with Down syndrome is vital for equipping these pupils with the tools to navigate life’s challenges and to fulfil their true potential.

This training aims to explore:

- To explore the concepts of mental, social and emotional health and wellbeing and the implications for pupils with Down syndrome
- To look at practical strategies and interventions to support social and emotional well being in pupils with Down syndrome

This training is suitable for EYFS, KS1, KS2, KS3 and KS4.

Supporting Positive Behaviour (4.5 hours)

‘There are no behaviour problems unique to children with Down’s syndrome... but the nature of their learning difficulty makes them much more vulnerable to the development of such problems’ (Down’s Syndrome Association and Down’s Syndrome Scotland).

This training aims to explore:

- Consistency and the “Slot Machine” Theory of Behaviour
- Common behaviour problems
- The ABC of behaviour
- Tools and strategies to understand, prevent and replace inappropriate behaviour

Suitable for school staff and parents and carers (EYFS – KS4)

SENSORY AND PHYSICAL NEEDS

Co-ordination Difficulties (1.5 hours)

‘Research suggests that many children have difficulties processing the information they receive from their senses and then coordinating their movements’ (Down’s Syndrome Association and Down’s Syndrome Scotland). ‘If one takes the daily life of any individual, it is hard to think of any part of it that does not involve some form of movement activity. Thus a child/young person who has co-ordination difficulties enough to interfere with these activities is at an acute disadvantage (David Sugden, Professor of Special Educational Needs, University of Leeds).

This training aims to explore:

- Definitions and characteristics of children with co-ordination difficulties
- Assessment tools, target setting and interventions for the development of gross motor skills
- Assessment tools, target setting and interventions for the development of fine motor skills

This training is suitable for EYFS, KS1, KS2, KS3 and KS4.

What is Sensory Integration? (1.5 hours)

Sensory integration affects how an individual perceives his body and the world outside, his capacity to learn new skills and develop adaptive behaviours, and how he moves, thinks, acts, feels and relates to others (Ayres, 1995).

This training is for SENCOs, teachers and teaching assistants.

This training aims to explore:

- Sensory integration and the different sensory systems
- Sensory integration and Down Syndrome
- The impact of sensory integration difficulties on daily life
- What to look out for
- Practical strategies and equipment to support optimal levels of arousal
- Specialist advice and support

This training is suitable for EYFS, KS1, KS2, KS3 and KS4.

CHARGES

Charges – Face-to Face Training

Number of Delegates	Training for Statutory Organisations e.g. schools	Training for charities, voluntary or community groups
1-20	£145 per hour	£100 per hour
21-40	£220 per hour	£130 per hour
41+	£300 per hour	£160 per hour
For out of area training, mileage may also be charged at the standard HMRC rate of 45p per mile.		

Example charges:

1. Twilight Session (1.5 hours) in local school for 15 delegates
 - Training costs = $£145 * 1.5 = £217.50$
 - Mileage = £0
 - Total Costs = £217.50

2. Half Day Training(3hrs) in out of area school (e.g. Scunthorpe) for 30 delegates
 - Training cost = $£220 * 3 = £660$
 - Mileage = $29 \text{ miles} * 2 * £0.45 = £26.10$
 - Total Costs = £686.10

Charges – Teams Online Training

Number of Delegates	Training for Statutory Organisations e.g. schools	Training for charities, voluntary or community groups
1-20	£110 per hour	£75 per hour
21-40	£165 per hour	£100 per hour
41+	£220 per hour	£120 per hour

To book any of our INSET training, request a bespoke training package or to find out more information then please email training@downrightspecial.co.uk or call the office on 01482 420160